

HOLISTIC WELLNESS TREATMENTS

Enrich Your Mind, Body & Spirit



Explore our wide range of holistic treatments provided by our resident therapist Sunitha Dakshinamurthy.

Inspired by the approach to life through wellness which includes Reiki, Pranic Healing, Body sculpting, Face lifting, Crystal healing and many more, Sunitha supports the individual by awakening their divine force with appropriate and personalised therapeutic methods of healing.

SERVICES AVAILBLE SUNDAY - THURSDAY
FROM 9AM - 4PM

for bookings, contact us at

04 718 1715

058 5870799



KEYANI

K E Y A N I W E L L N E S S C E N T R E

HOLISTIC TREATMENTS - 30/60/90 minutes

Reiki Healing

Experience Reiki to transform your life & feel inner joy. Release negative emotions like anger, fear, sadness and experience relaxation, improved relationships and a reduction of stress. This is a hands-on natural healing using the universal life force energy.

Keyani Holistic Healing

This is a holistic medicine method of healing that focuses on the person as a whole, rather than just treating a specific health condition. It aims to prevent health issues from ever developing by covering the health of the body, mind & spirit.

Access bar

This is a hands on energy healing process. It uses energy centers or bars which are located on the head, and unlocks them using gentle touch. There are 32 different energy centers on the head and once unlocked and released they flow down into the body.

Pranic Healing

This is a highly developed and tested system of energy treatment that uses prana to balance, harmonize and transform the body's energy processes. Prana is the Sanskrit word that means life-force. Pranic Healing is a simple, yet powerful and effective system of non-touch energy healing.

Crystal Healing

They're proven to promote the flow of good energy and help rid the body and mind of negative energy for physical and emotional benefits. Historically speaking, crystals are touted as ancient forms of medicine, with philosophies borrowed from Hinduism and Buddhism.

HOUSE CLEANSING Consultation Available

Have you ever walked into a room of people and sensed something was not right and stepped out feeling weird? You're simply feeling/sensing the negative energies present in the room.

Your home may not feel weird but it may need some energetic assistance to bring more positive energies in. This is great for newly moved in places, for highly stressed homes, for well-visited homes, offices and for those who just want to bring in new positive energies.

HOLISTIC FACIAL TREATMENTS - 30/60 minutes

Face Lifting

Laser Quartz can be used to stimulate healing of any disease, as its function is to harmonise the higher vibrational energies of the aura, light body or subtle body. Laser Quartz Wands are exclusively used for advanced and precision crystal healing techniques.

Face Cupping

Boosts skin radiance, helps with lymphatic drainage, increases the blood flow to the skin to help reduce fine-lines and texture. Makes the skin more plump, lifts the cheeks, eye and jowl area and depuffs the face. It also boosts collagen and regulates oil production.

3D Face Massage

Relaxes the facial muscles to provide an instant de-puffing effect of toned and sculpted muscles. Boosts blood circulation which aides in removing fine lines.

Crystal Facial

Repairs cellular damage & heals wounds on the skin. Drains toxins from the skin. Reduces puffiness and redness from the skin. Balances the chakras & relaxes the soul. Crystals and stones possess properties that can ward off negative energy, lift the spirit and facilitate healing— for both the body and mind.

Gua Sha Facial

Fewer wrinkles and fine lines: by improved blood circulation, boosting the collagen and releasing the muscle tension. Gives a healthy complexion by stimulating oxygen flow and acupressure points. Achieve plumper skin and minimized pores by draining the lymphatic nodes.

Body Sculpting

Sculpts and reshapes the body and helps to maintain successful weight loss. For the best results this is combined with Pranic healing for psychological health and well being.

Contact us to book your service

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